

WHEELS FOR WELLS

CYCLING TO SAVE LIVES

The Ride Across America June 27th - August 7th, 2010

Route:



Week One (592 miles) Terrain: Mountains/Desert Difficulty: 5/5

Day 1:
06/27

Dana Point, CA via Highway 74(E) 38 miles to Perris, CA. (N) on Perris Blvd. 2 miles to (E) on Nuevo Rd. 7 miles to (NE) on Lakeview Ave. 4 miles to (E) on Roman Expressway 4 miles to (N/NE) on Bridge St. 3 miles to (SE) Gilman Springs Rd. 3 miles to (N) on Highway 79, 5 miles to Beaumont, CA at Interstate 10.

Day 1 Total Miles: 66 miles

Day 2:
6/28

(TBD) 25/- miles from Beaumont, CA to Whitewater, CA and Highway 62. Whitewater, CA via Highway 62(N/then E) 21 miles to Yucca Valley, Highway 62 (E) 19 miles to Twenty Nine Palms, CA.

Day 2 Total Miles: 65 miles

Day 3:
6/29

Twenty Nine Palms, CA via Highway 62 (E) 95 miles to Vidal Junction, CA and continue on Highway 62 (E) 19 miles to Parker, AZ. (This might involve night riding.)

Day 3 Total Miles: 114 miles

Day 4:
6/30

Parker, AZ via Highway 95(N) 58 miles to Interstate 40, 5 miles (W) to Route 66, (N) on Route 66, 41 miles to Kingman, AZ.

Day 4 Total Miles: 104 miles

Day 5:
7/1

From Kingman, AZ via Route 66 (NE/E) 85 miles to Seligman, AZ. Continue on Route 66 through Ash Fork (E) 43 miles to Williams, AZ.

Day 5 Total Miles: 128 miles

Day 6:
7/2

From Williams, AZ (N) on Highway 64, 50 miles to Grand Canyon Village. Continue (E) on Highway 64, 45 miles to Cameron, AZ.

Day 6 Total Miles: 115 miles

Day 7:
7/3

Day Off: Take in the Grand Canyon. (Drive back in vans from Cameron, AZ.)
<Airport Runs as necessary.>

Week Two (487 miles) Terrain: Desert/Mountains
Difficulty: 4.5/5

Day 8:
7/4

From Cameron, AZ (N) on Highway 89, 16 miles to Junction Highway 160 (NE) 82 miles to Kayenta, AZ .

Day 8 Total Miles: 98 miles

Day 9:
7/5

From Kayenta, AZ (NE) on Highway 160, 75 miles to Four Corners (Spend time in four states simultaneously). Continue (NE) on Highway 160, 45 miles to Cortez, CO.

Day 9 Total Miles: 118 miles

Day 10:
7/6

From Cortez, CO (E) on Highway 160, 36 miles to Durango, CO (S) on Highway 550, 4 miles to Highway 160 (E) 26 miles to Bayfield, CO.

Day 10 Total Miles: 66 miles

Day 11:
7/7

From Bayfield, CO (E) on Highway 160, 85 miles to South Fork, CO via Wolf Creek Pass 10,350 ft.

Day 11 Total Miles: 85 miles

Day 12:
7/8

From South Fork, CO (E) on Highway 160, 73 miles to Fort Garland, CO.

Day 12 Total Miles: 73 miles

Day 13:
7/9

Fort Garland to Walsenburg, CO via La Veta Pass 9,382 ft.

Day 13 Total Miles: 47 miles

Day 14:
7/10

Day Off: Take in Colorado Springs and or Denver (By van)
<Airport runs as necessary.>

**Week Three (485 Miles) Terrain: Flats
Difficulty: 2/5**

Day 15:

7/11

From Walsenburg (E) on Highway 10 to La Junta, CO 63 mile. Pick up Route 50 (E) 28 Miles to Las Animas, CO.

Day 15 Total Miles: 91 miles

Day 16:

7/12

Las Animas, CO travel 75 miles to Syracuse, KS on Route 50 (E).

Day 16 Total Miles: 75 miles

Day 17:

7/13

Syracuse to Garden City, KS (E) on Route 50, 53 miles.

Day 17 Total Miles: 53 miles

Day 18:

7/14

Garden City on Rte 156, 54 miles to Jetmore, KS (Get arguably the best limeade slushy in America). Continue (E) on Route 156, 46 miles to Larned, KS.

Day 18 Total Miles: 100 miles

Day 19:

7/15

Larned, KS (NE) on Highway 56, 22 miles to Great Bend, KS continue 60 miles (E) on Highway 56 to McPherson, KS.

Day 19 Total Miles: 82 miles

Day 20:

7/16

McPherson, KS (E) on Highway 56, 38 miles to Route 150, 17 miles (E) to Route 50 (N/NE) 29 miles to Emporia, KS.

Day 20 Total Miles: 84 miles

<This is the halfway point across the USA>

Day 21:

7/17

Day Off: Take in Kansas City. (By van)
(Airport runs)

**Week Four (476 Miles) Terrain: Flats
Difficulty: 3/5**

Day 22:
7/18

Emporia, KS (E) on Route 50 (Rural) 55 miles to Ottawa, KS. At Ottawa, KS take Route 68, 30 miles to Louisburg, KS. Continue (E) into Missouri picking up Route 2, 21 miles to Harrisonville, MO.

Day 22 total Miles: 102 miles

Day 23:
7/19

From Harrisonville Take Route 2 to (N) on Road F (NE) to Road BB (N) to Route 13 to Warrensburg, MO. (42 miles total). Then take Route 50 (E) 28 miles to Sedalia, MO.

Day 23 Total Miles: 70 miles

Day 24:
7/20

From Sedalia, MO take Route 50 (E) 60 miles to Jefferson City, MO.

Day 24 Total Miles: 60 miles

Day 25:
7/21

From Jefferson City, MO travel 57 miles (E) on Route 50 to (S) on Road H 7 miles to (E) on Road AC 3 miles to south on Route 185 10 miles to Sullivan, MO.

Day 25 Total Miles: 77 miles

Day 26:
7/22

Sullivan, MO take Route 185 (SE) 33 miles to Potosi, MO. take Route 8 (SE) 18 miles to Hwy. 67 (S) 4 miles to Route 32 (NE) 27 miles to Route 61 (S) 10 miles to Road H (E) 5 miles to Route 51 (N) 6 miles to Chester, IL.

Day 26 Total Miles: 103 miles

Day 27:
7/23

From Chester, IL take Route 150 (NE) 18 miles to Route 154 (E) 28 miles to Route 148 (N) 18 miles to Mt. Vernon, IL.

Day 27 Total Miles: 64 miles

Day 28:
7/24

Day Off: take in St. Louis (By vans)
<Airport Runs>

**Week Five (529 Miles) Terrain: Flats / Hill
Difficulty 3.5/5**

Day 29:

7/25

From Mt. Vernon, IL. Take Route 15 (E) 57 miles to Belmont, IL. Take Route 6 (N) 24 miles to Sumner, IL. And take Route 250/50 (E) 22 miles to Vincennes, IN.

Day 29 Total Miles: 103 miles

Day 30:

7/26

Vincennes, IN (E) Route 50 to 39 miles to Route 450, 22 miles. To Bedford (E) on Route 50, 40 miles to Seymour, IN

Day 30 Total Miles: 105 miles

Day 31:

7/27

Seymour, IN. via 50 (E) 72 miles and (N) on Route 128 28 miles.

Day 31 Total Miles: 90 miles

Day 32:

7/28

Hamilton, OH. via Route 128 (N) 23 miles, Route 73 (E) 11 miles and Route 42 (NE) 22 miles.

Day 32 Total Miles: 56 miles

Day 33:

7/29

Cedarville, OH (N) on Route 42 5 miles to Route ?? (TBR)(E) 25 miles to Mount Sterling, OH and pick-up Route (E) for 20 miles to Circleville, OH. Take Route 188 (NE) 21 miles to Lancaster, OH. Continue (NE) on Route 22, 29 miles to Zanesville, OH.

Day 33 Total Miles: 100 miles

Day 34:

7/30

From Zanesville, OH. take National Highway 40 (E) 75 miles to Martin's Ferry, WV.

Day 34 Total Miles: 75 miles

Day 35:

8/1

Day Off: Take in Pittsburgh or other local sites.

<Airport Runs>

**Week Six (421 Miles) Terrain: Heavy Hill / Flats
Difficulty: 3.5/5**

Day 36:

8/2

Martin's Ferry, WV. Take Highway 40(NE) 36 miles to Washington, PA take Route 136 (E) 42 miles to New Staunton/Mt Pleasant, PA.

Day 36 Total Miles: 78 miles

Day 37:

8/3 Continue on Route 136 (E) 12 miles to the junction of Route 31. Take Route 31 (SE) 15 miles to Somerset, PA. At Somerset, PA take Route 31(E/SE) 24 miles to Route 96 (N) 5 miles to Route 30 just (W) of Bedford, PA. Take Route 30 (E) into Bedford, PA.

Day 37 Total Miles: 60 miles

Day 38:

8/4 **From** Bedford, PA take Route 30 (E) 85 miles to Gettysburg, PA.

Day 38 Total Miles: 85 miles

Day 39:

8/5 Take Route 30 (E) 25 miles to York, PA. and pick-up Route 74 (SE) for 23 miles to Route 372 which you will take (NE) and travel 10 miles to Quarryville, PA.

Day 39 Total Miles: 58 miles

Day 40:

8/6 **From** Quarryville, PA travel 30 miles (E) on Route 372, and connect with Routes 30 and 322 to West Chester. Travel to Newtown Square, PA via Route 3 (E) 20 miles.

Day 40 Total Miles: 50 miles

Day 41-42:

8/7 Travel and Appearances between Newtown Square, PA to Avalon, NJ with Routes TBD.

Day 41-42 Total Miles: 90 miles

Total Estimated Trip Miles: 2,990